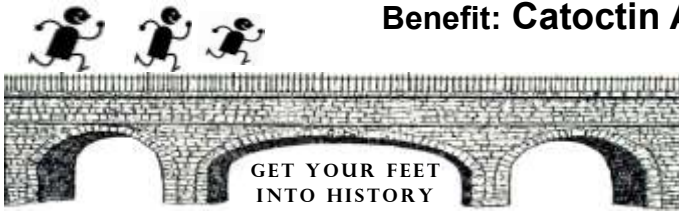


CATOCTIN AQUEDUCT BENEFIT 10 & 5K RUN/WALK – SEPT 27, 2008 ENTRY BLANK

Ck#	Date:	Amt. Paid \$	related entry #s:	Name:	E#:
Sex: <input type="checkbox"/> M, <input type="checkbox"/> F	If < 18, Birthday is:			Mail Address:	
Phone:	City:		State:	Zip:	
Email:	Event: <input type="checkbox"/> 10kRace <input type="checkbox"/> 5kRace <input type="checkbox"/> 5kWalk (not timed)				
T-Shirt Adult: <input type="checkbox"/> S, <input type="checkbox"/> M, <input type="checkbox"/> L, <input type="checkbox"/> XL	Age Group: <input type="checkbox"/> 19 under, <input type="checkbox"/> 20-29, <input type="checkbox"/> 30-39, <input type="checkbox"/> 40-49, <input type="checkbox"/> 50-59, <input type="checkbox"/> 60 over				
<input type="checkbox"/> <u>Please accept my entry fees a donation</u> in the event of cancellation due to extreme weather (Thunder, Lightning, or Floods) to the CATOCTIN AQUEDUCT RESTORATION FUND, INC. A non-profit 501(c)3 charitable organization for the purpose of restoring this 1834 historic stone aqueduct for canal users & future generations.					
PLEASE PRINT CLEARLY Unsigned/Illegible/Incomplete = rejection Mail Entry Form with Full Entry Fee to: Point of Rocks Ruritan Club P.O. Box 135 Point of Rocks, MD 21777 Checks made payable directly to: Catoctin Aqueduct Restoration Fund, Inc.		I know that running is a potentially hazardous activity. I should not enter and run in the race unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely compete in the run. I assume all risks associated with running including, but not limited to, falls, weather conditions, contact with other participants, and the effects of the road and traffic on the course, all such risk being known and appreciated by me. Having read this waiver and knowing these facts, I, for myself and anyone entitled to act on my behalf, waive and release the Point of Rocks Ruritan Club and the Frederick Steeplechasers Running Club, plus all event partners, sponsors, and volunteers, their representatives and successors, from all claims or liabilities of any kind arising out of my participation in this race even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. Further I grant permissions to all of the foregoing to use any photographs, motion pictures, or any other record of this event for any legitimate purpose without compensation to me. _____ Date: _____ Signature (mandatory); Must be signed by parent/guardian if under age 18:			

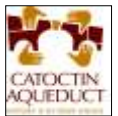
CATOCTIN AQUEDUCT BENEFIT 10 & 5K RUN/WALK

Benefit: Catoctin Aqueduct Restoration Fund, Inc.



Sat., Sept 27th 2008 8:30 AM

Location: C&O Canal Nat'l Historical Park – Mile 48 Point of Rocks, MD 21777 - near intersection US Rt 15 & 28



Organizers: **Point of Rocks Ruritan Club** in partnership with **C&O Canal National Historical Park** & with assistance from **Frederick Steeplechasers Running Club**



Race Information — Event Name:

THE CATOCTIN AQUEDUCT 10&5K BENEFIT RUN/WALK 2008

Date: **Saturday, Sept. 27th, 2008**
 Start: **8:30 AM**
 Place: C&O Canal National Historical Park, Point of Rocks, MD – Mile 48 on Towpath – 14 mi. south of Frederick, MD /11 mi. north of Leesburg, VA. Just off US Rt#28 at US Rt#15.

Schedule

7:00 - 8:15 **Registration**
 8:30 - 10:30 **Race - 10K start 1st, 5K start 2nd, Walk start 3rd**

Award Structure

Non-monetary prizes will be given to the top three finishers in the following age categories: 19 and under, 20-29, 30-39, 40-49, 50-59, 60+

The Course

The historic C&O Canal National Historical Park Towpath – started under the Potomac River Rt 15 bridge, west on the towpath 5 or 2 ½ Kilometers to turnarounds & back to the start. 10K Run will turnaround at the Catoctin Aqueduct Restoration Project site! Racing is on graded surface - rolled stone & dirt. Fun 5K walk will include opportunity to stop at the historic Point of Rocks Lockhouse 28. Course does not enter vehicle traffic at any time.



Results—Race entries will be officially timed by the Frederick Steeplechasers and reported within a few days

www.steeplechasers.org

General Information

Restrooms will be available at the start and finish. Refreshments will be on sale at the start/finish. Water, apple, and bananas to runners at finish. **Bicycles, wheelchairs, skates, baby strollers, baby joggers, headsets and pets are prohibited during the race.**

Runner Awards

Awards will be presented near the finish line at the conclusion of all runs.

Entry Fee and Registration:

\$ 20 postmark by Sept 1st \$25 thereafter
 Entry Close 8:15 am race day
Commemorative T-shirt to entries postmarked by Sept 1

ALL ENTRY FEES WILL BE TAX-DEDUCTIBLE

FOR CHECKS WRITTEN TO:

CATOCTIN AQUEDUCT RESTORATION FUND, INC.

WWW.CATOCTINAQUEDUCT.ORG

Event Info: cell: **301-788-2531** Point of Rocks Ruritan Club
 Home: **301-834-9907** Pepper Scotto, Race Organizer

Please—one entry form for each runner/walker

www.PointofRocks.org