

HONORARY CANINE!



"RITZ"

Meet Ritz, our Honorary Canine host of this year's event. He is a handsome 7-year old Golden Retriever recently adopted from the Humane Society of Washington County. Ritz follows his new family everywhere and enjoys sitting on the pool steps then running around it until he is dry! He is a loving companion and can never get enough attention.

The Humane Society Of Washington

The Humane Society of Washington County exists to improve the quality of life for all animals. Through education, legislation, action and leadership, we strive to eliminate overpopulation and to foster an environment of respect, responsibility and compassion.



The Jaycees of Hagerstown

The Hagerstown Junior Chamber (the Jaycees) organization is made up of tomorrow's leaders and today's up-and-coming young professionals between the ages of 21-40, dedicated to leadership, personal and professional development, and community involvement.



THE JAYCEES OF HAGERSTOWN Present

THE 2011 INAUGURAL
**5K FUN
RUN**
Saturday, September 24
8:30 AM


**AND
DOG
JOG!**

Starts at
9:15 AM



Registration starts at 7:00 am in the West Pavilion of Hagerstown City Park!

**\$10 OF EVERY ENTRY WILL BENEFIT
THE HUMANE SOCIETY
OF WASHINGTON COUNTY!**

Race Info

The Jaycees 5K and 2 Mile Dog Jog! is a scenic course through the rolling paths of the Hagerstown City Park. The route begins and ends on the paved road surrounding the park, and loops through the park grounds and the Hager House area.

The 5K race is a timed event, reserved for participants running or walking without dogs.

The Dog Jog! is reserved for participants wishing to run or walk with their dogs, and is not a timed event. Awards will be given to the 1st and 2nd place finisher for both the large and small dog categories.

Runners: please note that this course will have typical park elements, such as wildlife, foot bridges, narrow paths, etc.

Be sure to stick around after the race for The Humane Society's annual "Bark in the Park" event on the Hager House grounds!

More info at: www.hswcmd.org

Post-race drawing for gift certificates from local businesses!
(all pre-registered participants will receive one entry in drawing).

Dog Jog! Rules

For their own safety, no pets other than canines are permitted to participate.

No bicycles, skateboards, roller blades or roller skates are allowed.

All dogs must be licensed and current with Rabies and Distemper-Parvo vaccinations.

No dogs in any stage of heat may participate. Proof may be requested.

Dogs must be on leash AT ALL TIMES (no extendable leashes please).

Dogs must be kept under control at all times; event officials reserve the right to refuse entry to any dog (or human) whose behavior is deemed too dangerous to others.

Participants are expected to practice responsible pet ownership and clean up after your canine (bags provided).

No children 12 or under are permitted to participate without an adult.

One dog per human is allowed.

You may run or walk your dog; you may not carry your dog while running.

It is recommended that dogs be at least 6 months old to participate.

Make checks payable to:
The Jaycees of Hagerstown
120 Bester Street, Suite 102
Hagerstown, MD 21740

For complete information, course maps, directions, on-line registration and results, visit:

www.JayceesofHagerstown.com

Jaycees 5K and Dog Jog!

Circle One: Before or on 9/10: After 9/10:

Adult 5K \$20 \$25

Child 5K (12 & under) \$10 \$15

Adult Dog Jog! \$20 \$25

Child Dog Jog! (12 & under) \$10 \$15

All pre-registrants are guaranteed a t-shirt!

Name _____

Address _____

Phone _____

Email _____

Age on Race Day _____ (important)

Gender: M F

Adult Shirt: S M L XL

Child Shirt: S M L XL

Waiver: In consideration of the acceptance of my entry, I hereby waive on behalf of my heirs, executors, and assigns, all claims of any nature arising from my participation and do hereby release The Jaycees of Hagerstown, the organizers and all sponsors, workers, officials, and volunteers from any claim whatsoever arising from my participation in this event. I agree to abide by all the rules for participation and acknowledge that the race committee may refuse or return my entry at its discretion. I understand that the risks for such a run/walk and have trained myself and my dog adequately in preparation. I give full permission for use of my name and photograph in connection with this event. My dog is currently licensed and up-to-date on Rabies and Distemper-Parvo vaccinations. I have read and understand the rules and regulations for this event.

Signature _____