



HAYDEN'S HEROES

Amy Carver's Girl Scout  
Silver Award Project

# Hope for Hayden 5K

Raising Awareness of Histiocytosis  
5K Run/Walk and 1K Fun Run (rain or shine)

Sunday, October 16, 2011

1K at 8:45am, 5K at 9:15am

Brunswick High School (101 Cummings Dr., Brunswick, MD)

**Histiocytosis** is a rare blood disease that is caused by an excess of white blood cells. The Histiocytes cluster together and can attack the bones, skin, and organs. It is often referred as "orphan disease" because research doesn't get federal funding. This disease roughly affects 1 in 200,000 people. Hayden is a 4 year old boy who is currently dealing with this illness. Hayden is surrounded by many friends and family who are at his side and praying that he is getting better. Hayden's Heroes, Inc. is a non-profit organization set-up to fund research and provide help to the families affected by this terrible disease.

**Course:** The course is a cross country course that is mostly on grass and has a mix of woods, rolling hills and fields. This calls for absolutely no pets or running with strollers.

**Awards and Celebration:** Medals will be awarded to the top three in each age group. A plaque will be awarded to the overall female and male winners. There will be food and drinks available after the race.

**Prizes** for the first 200 people to register. T-Shirts will be available to purchase on race day.

**Age Groups:** 10 and under, 11-14, 15-19, 20-29, 30-39, 40-49, 50-59, 60 and older.

**Race Day Registration:** 8:00-8:45 a.m.

## Entry Fees:

5K Run/Walk Entry Fee: \$10

1K Fun Run entry fee: \$5

The entry fee covers only the race costs (insurance, awards, etc.). Please consider a donation to this worthy cause.

**A donation box will be available at the race.**

Direct donations may be made by cash or checks payable to Hayden's Heroes, Inc., a non-profit organization. For more information on Hayden please see the following website:

[www.hopeforhayden.com](http://www.hopeforhayden.com)



**HOPE FOR HAYDEN 5K REGISTRATION FORM:**

Name: \_\_\_\_\_

Street Address: \_\_\_\_\_

City, State, Zipcode: \_\_\_\_\_

E-Mail: \_\_\_\_\_

Home Phone: \_\_\_\_\_

Sex: Male \_\_\_\_\_ Female \_\_\_\_\_

Race: 5K \_\_\_\_\_ 1K Fun Run \_\_\_\_\_

Birthdate: \_\_\_\_\_

Age Group: 10 and under	_____	30-39	_____
11-14	_____	40-49	_____
15-19	_____	50-59	_____
20-29	_____	60 and older	_____

**WAIVER:** In consideration of the right granted to me to participate in Hayden’s 5K and 1K Race on October 16, 2011, I hereby waive all claims and damages against the Hayden’s Race committee, the Girl Scout Organization, Hayden’s Heros, Inc., The Histiocytosis Association of America, Brunswick High School, the Boerum family and any other sponsors and organizers arising from my participation or any injury I might suffer in this event. I attest that I am physically fit and prepared for this event.

Runner’s Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Parent/Guardian Signature  
(minors under age 18) \_\_\_\_\_

Date: \_\_\_\_\_

**Mail Entry Form and Fee to:**

Amy Carver

4663 Newington Road

Jefferson MD, 21755

e-mail: lisaannecarver@aol.com

Registration checks payable to **“Race Registration”**.

**Optional donations may be made payable to Hayden’s Heroes, Inc.**