



## Hillcrest Elementary School's



### "Husky Hustle" 5k Run/Walk and 1 Mile Fun Run

### "FSRC Grand Prix Event"

- Date of Event:** Saturday, June 5th, 2010  
5K run/walk - 8:00 AM  
1 mile fun run - 8:45AM
- Race Location:** Hillcrest Elementary School  
1285 Hillcrest Drive  
Frederick, MD 21710
- Course Information:** 5k Run/Walk course: to start and finish at HES with a loop around the Hillcrest Skate Park and passing the Hillcrest Community Center  
1 mile Fun Run: will loop the park and finish back at the school
- Awards:** T-Shirts guaranteed to all pre-registered participants  
Medals for registered Fun Run participants
- Awards to top 3 Male/Female finishers
  - Top 3 age group finishers in 5 year intervals
  - First PTA parent
  - First HES Student and Alumni (Male/Female)
  - First HES staff finisher Male/Female
- Refreshments:** Free food provided with water at the finish line
- Registration Fee:** \$15.00 per person or \$20.00 on race day (maximum \$45.00 per family)  
\$5.00 for 1 mile Fun Run before or on race day or bring a canned food donation for the Frederick Food Bank  
**Make checks payable to Hillcrest PTA**  
**Mail entry form and fee to Hillcrest Elementary school (See address above)**
- Packet pick-up/same day registration from 7:15-until event**  
**For more information please contact Race Directors Chad Connors or John Stuart 240-236-3273**

### Husky Hustle Registration Form

Name \_\_\_\_\_ Age \_\_\_\_\_ Male \_\_\_\_\_ Female \_\_\_\_\_

Phone \_\_\_\_\_ E-mail \_\_\_\_\_ Shirt Size - XS S M L XL XXL  
Youth - M or L

Circle all that apply: 1 mile fun run 5k runner HES parent HES staff HES Alumni HES Student

Waiver: In consideration of the acceptance of my entry, I hereby release and discharge Hillcrest Elementary PTA, Frederick Steeplechasers, race volunteers, officials, and all sponsors from all claims or liabilities of any kind arising out of my participation in the event, including injury, loss or damage of property. I have full knowledge of the risks involved in the event and I am physically fit enough to participate. No pets, bicycles, roller blades, strollers, skateboards, or scooters are allowed on this course, and I hereby agree to this. Any participant who goes off course will forfeit all rights to any prizes or recognition.

Signature \_\_\_\_\_ Date \_\_\_\_\_

(If the participant is under the age of 18, a parent or guardian must sign)