



JOIN US!

HONORARY CHAIRPERSONS
Carl & Becky Harbaugh

It is time for the Annual Kidney Walk/Fun Run! It's a fun, inspiring, community fundraiser to be held in Western Maryland for the 1st time ever on Sunday, May 17, 2009. The purpose of the Walk/Run is to make folks aware of the widespread impact of kidney disease, to take steps to help prevent kidney disease and to encourage organ donation.

**WESTERN MARYLAND
KIDNEY WALK/FUN RUN
SUNDAY, MAY 17, 2009
ROSE HILL MANOR PARK
1611 N. Market St.
Frederick, MD 21701
Noon: Registration
1:00 pm Walk (One, two or three
miles - Your Choice)**

410-533-3075

www.kidneymd.org

WHY WALK OR RUN

By Walking or Running with Us, You:

- Increase awareness about kidney disease, early detection, treatment and organ donation.
- Raise funds for research, patient advocacy, public education and health screenings.
- Boost your own activity level and have fun while supporting a great cause!



Everyone Can Walk!

The Walk/Run is free and open to all ages, so bring the family along for a healthy, fun and meaningful event. All you have to do is fundraise and walk or run!

Prizes!

\$75 raised = Kidney /Run T-shirt

\$200 raised = Kidney Walk/Run sweatshirt

\$300+ raised = Choose a premier item from our online catalog.

www.kidneymd.org

KIDNEY FACTS

By the Numbers

- 26 million Americans suffer from chronic kidney disease and most don't know it, which is why early detection can save lives.
- Another 20 million are at risk
- 340,000 depend on dialysis for survival
- 100,000 are waiting for organ transplants
- 17 people die each day while waiting for transplants.

Your Contribution Makes a Difference

Out of every dollar raised, 81 cents goes directly to NKF programs & services. Your Kidney Walk donations provide for:

- Patient & Community Services such as free early detection screenings.
- Public Education: Initiatives to heighten awareness of the disease.
- Professional Education: Programs to ensure kidney doctors and other care-givers never stop learning.
- Kidney Research to identify new treatments.
- Patient Advocacy to make patients voices heard through legislative action
- Patient financial support when necessary to purchase medicines or transportation.



www.kidneymd.org

Kidney Walk/Fun Run Registration

Name

Email

Street

City

State/Zip

Phone

Employer

Yes, I would like to receive info via email

My Age: Under 18 Over 18

My T-shirt preference (Circle one)

Youth 10/12 Youth 14/16

Adult: S M L XL XXL XXXL

Waiver

I hereby waive all claims against the National Kidney Foundation, its Affiliates, Divisions, sponsors, or any personnel for any injury that I may suffer while participating at this event. I grant full permission for the organizer to use photographs of me in legitimate accounts of the event. If Participant is a minor, a parent or guardian must agree to the terms above for Participant to take part in event. I am the legal guardian of Participant and I hereby consent to his/her participation. I have read the foregoing walk waiver and I hereby agree on behalf of myself and the participant to its terms.

Signature _____

Parent or Guardian

Signature: _____

Please send your completed registration form to the return address on this mailer.



Join Our Team

1st Annual Western
Maryland Kidney Walk
Fun Run

Sunday, May 17, 2009

Rose Hill Manor
Frederick, Maryland

Registration: Noon
Walk/Run: 1 pm

Contact:
Carolyn Smith-Kennedy
Director of Western Maryland
Services – NKF
For your Team Captain Kit

Phone: 410-533-3075

Email:

carolynkennedy9@aol.com

HELP MAKE LIVES BETTER
Register Online
www.kidneymd.org