



JOIN US!

**Honorary Chairpersons
Carl & Becky Harbaugh**

**Corporate Chairman
Gregory R. Banasz, SmithBarney**

It is time for the Annual Kidney Walk and Steeplechaser's Endurance Challenge. It's a fun, inspiring, community fundraiser to be held in Western Maryland on Sunday, May 16, 2010. The purpose is to make folks aware of the widespread impact of kidney disease, to take steps to help prevent kidney disease and to encourage organ donation.

**WESTERN MARYLAND
KIDNEY WALK
STEEPLECHASER'S
ENDURANCE CHALLENGE
SUNDAY, MAY 16, 2010
ROSE HILL MANOR PARK
1611 N. Market St.
Frederick, MD 21701
Noon: Registration
1:00 pm Walk or Run
410-533-3075
www.kidneymd.org
www.steeplechasers.org**

Everyone Can Walk! Or Run!

The Frederick Steeplechaser's Running Club challenges runners to see how many laps you can do on the 1.5 mile cross country route in 1.5 hours time.

Earn a chance at a prize drawing for each lap you complete! Registration begins at noon. Event begins at 1 pm.

A minimum of \$20 donation is required for participation in the Endurance Challenge but we encourage you to give more if you can. An event T-shirt will be provided to all those who raise \$100 or more for our cause.

RUN to Make Lives Better



WHY RUN OR WALK

**By Running or Walking with Us,
You:**

- Increase awareness about kidney disease, early detection, treatment and organ donation.
- Raise funds for research, patient advocacy, public education and health screenings.
- Boost your own activity level and have fun while supporting a great cause!

For info call: 410-533-3075

www.kidneymd.org



www.steeplechasers.org

KIDNEY FACTS

By the Numbers

- 26 million Americans suffer from chronic kidney disease and most don't know it, which is why early detection can save lives.
- Another 20 million are at risk
- 340,000 depend on dialysis for survival
- 100,000 are waiting for organ transplants
- 17 people die each day while waiting for transplants.

Your Contribution Makes a Difference

Out of every dollar raised, 81 cents goes directly to NKF programs & services. Your Kidney Walk donations provide for:

- Patient & Community Services such as free early detection screenings.
- Public Education: Initiatives to heighten awareness of the disease.
- Professional Education: Programs to ensure kidney doctors and other care-givers never stop learning.
- Kidney Research to identify new treatments.
- Patient Advocacy to make patients voices heard through legislative action
- Patient financial support when necessary to purchase medicines or transportation.



www.kidneymd.org

www.steeplechasers.org

**Steeplechaser's Endurance
Challenge @ the 2010 Kidney
Walk -- Registration**

Name

Email

Street

City

State/Zip

Phone

Employer

Yes, I would like to receive info via email

My Age: Under 18 Over 18

Waiver

I hereby waive all claims against the National Kidney Foundation, its Affiliates, Divisions, sponsors, or any personnel for any injury that I may suffer while participating at this event. I grant full permission for the organizer to use photographs of me in legitimate accounts of the event. If Participant is a minor, a parent or guardian must agree to the terms above for Participant to take part in event. I am the legal guardian of Participant and I hereby consent to his/her participation. I have read the foregoing walk waiver and I hereby agree on behalf of myself and the participant to its terms.

Signature

Parent or Guardian

Signature: _____

Please send your completed registration form to the return address on this mailer.



Join US

**STEEPLECHASERS
ENDURANCE
CHALLENGE
At the Western Maryland
Kidney Walk**

**Sunday, May 16, 2010
Rose Hill Manor
Frederick, Maryland**

**Registration: Noon
Walk/Run: 1 pm**

**Contact:
Carolyn Smith-Kennedy
Director of Western Maryland
Services – NKF
410-533-3075**

Carolynkennedy9@aol.com

or

**Mark Lawrence at
Steeplechasers
240-285-4703**

HELP MAKE LIVES BETTER