

**Frederick Steeplechasers
Grand Prix Event!**



**Mission of Mercy Run for M.O.M. • 5K Race & Family Fun Run/Walk
8:30 am • Saturday, May 10, 2008**

Collaborative Sponsor
www.steeplechasers.org

NEW LOCATION: Whittier Elementary School - City Recreation Center • Frederick, Maryland

The Mission of Mercy Auxiliary, MOM's Family, along with Frederick Steeplechasers Running Club, will host the Fifth Annual Mission of Mercy 5K Race & 2K Family Fun Run/Walk. The event will raise money for Mission of Mercy, which operates a mobile health clinic providing free medical and dental care and prescription medications to uninsured working poor families in the community.

In honor of MOM, this event is held the day before Mother's Day.

START & FINISH

Whittier Elementary School Recreation Center, 2400 Whittier Drive, Frederick, Maryland (directions on reverse)

Check-in 7- 8 am Start 8:30 am

REGISTRATION INFORMATION

Entry Fees (*estimated value received for tax deduction is \$8.00):

On or before May 1, 2008:

Students Under 18 - \$15; Adults - \$20
Family of 4 or less (2K Walk Only) - \$30

After May 1, 2008:

Students Under 18 - \$20; Adults - \$25
Family of 4 or less (2K Walk Only) - \$35

By Mail:

Use the [Registration & Entry Form](#) below - mail to:
MOM Run, PO Box 3321, Frederick, Maryland 21705
Or, conveniently Register online at ACTIVE.COM

RACE DAY

Packet Pickup / Race Day Registration

Pre-registered runners and walkers may pick up their race packets on race day. **Others** may register on race day between 7:00 and 8:00 a.m. at Recreation Center.

T-SHIRTS

Commemorative T-shirts will be given to all entrants. Availability and sizes not guaranteed after May 3, 2008. T-shirts will not be mailed.

5K AWARDS CEREMONY & CELEBRATION

Awards to the first male and female finishers and first male and female master's finishers. Medals will also be presented to the 1st, 2nd & 3rd place finishers in 5-year age groups (9 and under; 10-14; 15-19; 20-24; 25-29; 30-34; 35-39; 40-44; 45-49; 50-49; 55-59; 60-64; 65-69 and 70+) for females and males. In addition, prizes will be given to randomly picked running and walking finishers. Great post-race refreshments will be provided.

Learn more about Mission of Mercy
Visit our website www.aMissionofMercy.org

PLEASE DONATE TO MISSION OF MERCY

We invite you to make an additional tax deductible donation to Mission of Mercy. All proceeds from this event, including donations will benefit Mission of Mercy's mobile health clinic providing FREE healthcare and FREE prescription medications to the uninsured in the community.

Registration & Entry Form

Mission of Mercy Run for M.O.M. 5K Race • 2K Fun Run/ Walk

• Please print and complete all information. Use a separate form for each participant (including team members).

Make checks payable to: **Mission of Mercy • Mail to: P.O. Box 3321, Frederick, Maryland 21705**

Questions: Contact Victor Cretella – 301-865-6851 or MOMsRace@aMissionofMercy.org

Amount Enclosed: \$ _____ 5K Run 2K Run/Walk

Adult T-shirt Size: S M L XL XXL

Youth T-shirt Size: M L

*****Included with my registration is a tax deductible donation of \$ _____**

Name: _____

Address: _____

Zip Code: _____ Phone: _____ Sex: M F Age on Race Day: _____

WAIVER: In consideration of the right granted to me to participate in the Mission of Mercy Run for MOM 5K Run / 3K Walk on Saturday, May 10, 2008, I hereby waive all claims and damages against the Mission of Mercy Run for M.O.M. 5K Run / 3K Walk Race Committee, Mission of Mercy, and any other sponsors and organizers arising from my participation or any injury I might suffer in this event. I attest that I am physically fit and prepared for this event. I understand that strollers, headphones, pets, inline skates, rollerblades, bikes, skateboards, etc. are not allowed. I also grant permission to Mission of Mercy, its volunteers and sponsors, to photograph me and/or members of my family, and I also give permission to use any photographs in education, promotional or publicity material related to Mission of Mercy, its charitable activities or the Run/Walk event. **Runners/Walkers must sign below.**

Runner/Walker Signature: _____

Date: _____

Parent/Guardian (for minors under age 18) _____

Date: _____

Conveniently Register online at Active.com

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Grand Prix Event!**

Mission of Mercy *Run for M.O.M.*

5K Run &

2K Family Fun Run and Walk

8:30 am • Saturday, May 10, 2008

NEW LOCATION

Whittier Elementary School

City Recreation Center

2400 Whittier Drive, Frederick, Maryland 21702

DIRECTIONS:

From Route 15:

Travel northwest on Rosemont Avenue - past Ft. Detrick,
Turn left onto Christopher's Crossing into the Whittier subdivision. Turn
right onto Whittier Drive (there are two Whittier Drives on the right, both
of which lead to the school).



WE REALLY NEED YOUR SUPPORT! Please help us to continue to provide FREE healthcare, dental care and prescription medications to the uninsured in the community. Sign up for this really fun event; if you can't please consider making a tax-deductible donation.

Register online at Active.com or
donate online at www.aMissionofMercy.org