

New Market Elementary School On the Road for Fitness 2009 Entry Form

Date of Event: Saturday, April 4, 2009
5K - 9:00 a.m. (rain or shine)
1 Mile – 10:00 a.m.

Start and Finish Location: New Market Elementary School
93 West Main St.
New Market, Maryland, 21774

Events: 5K Run/Walk (road race)
1 mile Run/Walk (road race)

Awards: T-Shirts will be provided to all registered participants.
Awards to Top 3 Male/Female finishers and Top 3 Age Group finishers.
Medals awarded to all participants. Lots of door prizes!

Refreshments: FREE food provided with water at the finish line.

Registration Fee: \$15.00 per person on or before March 4, 2009 (Maximum: \$45 per family)
OR \$20.00/person thereafter or on race day.
Make checks payable to New Market Elementary School.



Packet pick-up/Late Registration from 7:45-8:30 (5K)/ 8:45-9:30 (1 Mile) a.m. on race day.
For More Information: Call ~ Cindy Alvarado (240)236-1300

(T-Shirt Sizes: YM, YL, AS, AM, AL, AXL)

Name _____ Age _____ Gender _____ T-Shirt Size _____
Telephone _____ Address _____ Circle Race: 5K 1M

Additional Participating Family Members:

	Circle One		Circle Race	
Name: _____ Age: _____	Male Female	T-Shirt Size: _____	5K 1M	
Name: _____ Age: _____	Male Female	T-Shirt Size: _____	5K 1M	
Name: _____ Age: _____	Male Female	T-Shirt Size: _____	5K 1M	

Waiver: In consideration of the acceptance of my entry, I for myself, my executors, administrators and assignees, do hereby release and discharge the New Market Elementary PTA, FCPS, Frederick Steeplechasers, race volunteers and officials, and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in the event, including injury, loss or damage to personal property, or the carelessness on the part of the persons named in this waiver. I have full knowledge of the risks involved in this event and I am physically fit and sufficiently trained to run/walk in this event. Further, I grant permission to all of the foregoing to use any photograph, or recordings of this event for legitimate purposes. I understand that no pets, bicycles, rollerblades/skates, or scooters are allowed on the course, and I hereby agree to adhere to this. Any participant who goes off course will forfeit all rights to any prizes or recognition.

Signature: _____ Date _____
(If the participant is under the age of 18, a parent or guardian must sign.)

I am available to volunteer: Yes No

If yes: phone number: _____ **Name:** _____