

Join us for the



First Annual

5K Bear Crawl

Register online at:
www.active.com/
 search: OHS Bear Crawl

Advance
 Registration
 Deadline:
 March 12, 2011

Saturday, March 26, 2011
 @ Oakdale High School

Packet Pick Up and Onsite Registration:
 Friday, March 25 from 3:00 - 6:30 pm
 Saturday, March from 26 2:30 – 3:45 pm
Race Day Schedule:
 1M Fun Run begins @ 4:00 p.m.
 5K Run/Walk immediately after Fun Run

Post-Race Party:
 Live entertainment
 Snacks/drinks at the finish line
 Awards recognizing top finishers

Spring Fitness Triple Challenge: complete 3 local races, OHS Bear Crawl, NMES and DCES Deer Dash & receive a special edition race shirt! www.active.com for further details.

-----Complete form below-----

Entry Fees:	Before 3/12	After 3/12
Adults	20.00	25.00
OHS Staff	15.00	20.00
Students	15.00	20.00
Family	40.00	45.00
1-Mile Fun Run Only	15.00	20.00
Sponsorship	100.00	N/A

Register by mail: Include complete registration form & check payable to OHS Athletic boosters and mail to:
OHS Athletic Boosters – 5K Bear Crawl
P.O. Box 741
New Market, MD 21774
 Register online: www.active.com/ Search: OHS Bear Crawl

<u>Participant Name:</u>	<u>Age</u>	<u>Grade Level</u>	<u>Gender</u>	<u>T-Shirt Size</u>	<u>Fee</u>
_____	_____	_____	M F	YM YL S M L XL XXL	_____
_____	_____	_____	M F	YM YL S M L XL XXL	_____
_____	_____	_____	M F	YM YL S M L XL XXL	_____
_____	_____	_____	M F	YM YL S M L XL XXL	_____
_____	_____	_____	M F	YM YL S M L XL XXL	_____

Address: _____ TOTAL: _____

Phone: _____ Email address: _____

Release: In consideration of the acceptance of my entry, I for myself, executors, administrators and assignees, do hereby release and discharge the OHS PTSA and their sponsors and volunteers of all claims or liabilities of any kind arising from my participation in the event, including injury or loss or damage to personal property. I have full knowledge of the risks involved in this event and am physically fit and sufficiently trained to run/walk in this event. Further, I grant permission for the use of any photograph or recording of this event for legitimate purposes.

Participant Printed Name _____ Signature _____ Date _____

If the participant is under the age of 18:
 I am the legal guardian of Participant and hereby consent to his/her participation. I have read the foregoing release and agree on behalf of myself and the Participants to its terms.

Parent/Guardian's Printed Name _____ Signature _____ Date _____

Questions: ohsbearcrawl@hotmail.com