

**"POTOMAC STREET MILE"
4TH ANNUAL**

SATURDAY AUGUST 30TH, 2008

BRUNSWICK MAIN STREET

This race is presented in cooperation with the **Frederick Steeplechasers Running Club**

LOCATION: BRUNSWICK, MD
SQUARE CORNER PARK / MAPLE AVE. & POTOMAC ST. (see map on back)

COURSE: Measured Mile
Flat / Out & Back

AWARDS: Trophy 1st & 2nd
Age Group Medals
Ribbons to All Youth

FREE TO ALL: Potomac Street Mile T-Shirt / Post Race Ice Cream / Random Prizes
Post Race Refreshments

DIVISIONS & FEES:

Novice Race / Walk	9:15 am	\$5
Youth Race (under 18)	9:45 am	\$8
Women's / Men's Open Race	10:15 am	\$15

(Take \$2 of your fee, youth & open, if sent before August 25th)

AWARD CEREMONY: Square Corner Park (1 W. Potomac St.) 11:00 am
Awards / Music / Post Race Refreshments

Restrooms City Hall **Free Parking Available MARC train lot**

Race Day Registration: Square Corner Park 8 am – 9 am

After the race, enjoy a stay in the historic city of Brunswick. Close to trains, Potomac River & C & O Canal. Browse downtown and enjoy restaurants, antique shops, variety stores and Railroad Museum. The Brunswick High School Band will perform.

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REGISTRATION FORM

NAME: _____ **SEX:** M F **AGE:** _____ **PHONE:** _____

ADDRESS: _____ **CITY:** _____ **ZIP:** _____

DIVISION: OPEN (M): ___ OPEN (F): ___ YOUTH (M) ___ YOUTH (F) ___ NOVICE/WALK: ___

T-SHIRT SIZE: Adult: XXL ___ XL ___ L ___ M ___ S ___
Youth: L ___ M ___ S ___

E-MAIL: _____

Make Checks Payable to: BRUNSWICK MAIN STREET

MAIL TO: (by August 25th) Brunswick Main Street / P.O. Box 72 / Brunswick, MD 21716

WAIVER: In consideration of the acceptance of this entry, I waive and release any claims for damages against all sponsors, as a result of injuries incurred during this event. My health & condition will allow me to fully participate in this event.

ATHLETE'S SIGNATURE: (Parent if Under 18): _____