

St. Michael's Youth 5K

Entry Form

- Date of Event:** Saturday, Sept 13, 2008
5K - 9:00 a.m. (rain or shine)
Kid's Fun Run – 8:45 a.m. (~ ½ mile)
- Start and Finish Location:** St. Michael's Church
1125 St. Michael's Road
Mt. Airy, MD 21771
- Events:** 5K Run/Walk (road race. Out and back course. Mild, rolling hills)
Fun run. Walkers welcome in both events
- Awards:** T-Shirts will be provided to all pre-registered participants in the 5K.
Awards to Top 3 Male/Female 5K finishers and Top 2 in 5-Year Age Groups for 5K.
Lots of door prizes! Indoor facilities and plenty of parking.
- Refreshments:** FREE food provided with water at the finish line.
- Proceeds:** To support St. Michael's Youth Group Work Camps.
- Registration Fee:** \$15.00 per person on or before Sept 1, 2008 (Maximum: \$40/ immediate family) OR \$20.00/person thereafter or on race day (or \$45/family race day).
\$5/person for Fun Run (finisher's medal, no T-Shirt in Fun Run).
Make checks payable to St. Michael's Youth, mail to above address. Register on-line at www.active.com. Please don't mail forms/checks after 7 Sep.

Packet pick-up/Late Registration from 7:45-8:45 a.m. on race day. 6 – 8:30 pm Fri, 12 Sep

For More Information: Call Mike Dee 301-703-4132 or mikeandlisadee@comcast.net

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(T-Shirt Sizes: AS, AM, AL, AXL)

Name _____ Age _____ Gender _____ T-Shirt Size _____
Phone _____ Address _____ Circle Race: 5K Fun

Additional Participating Family Members:

		Circle One	Circle Race	
Name: _____	Age: _____	Male Female	T-Shirt Size: _____	5K Fun
Name: _____	Age: _____	Male Female	T-Shirt Size: _____	5K Fun
Name: _____	Age: _____	Male Female	T-Shirt Size: _____	5K Fun

Waiver: In consideration of the acceptance of my entry, I for myself, my executors, administrators and assignees, I agree to RELEASE AND HOLD HARMLESS AND INDEMNIFY St. Michael's Parish, the Roman Catholic Bishop of Baltimore and his successors, a Corporate Sole, and all their agents, servants, and employees, Habitat for Humanity, Frederick Steeplechasers, race volunteers and officials, and all sponsors from any liability, claims, demands, and causes of action arising out of or relating to any loss, damage or injury sustained in connection with or arising out of my participation in the event, including injury, loss or damage to personal property, or the carelessness on the part of the persons named in this waiver, unless caused by or due to the negligence of either the Corporation, their agents, servants or employees.

I have full knowledge of the risks involved in this event and I am physically fit and sufficiently trained to run/walk in this event. Further, I grant permission to all of the foregoing to use any photograph, or recordings of this event for legitimate purposes. I understand that no pets, bicycles, running/baby strollers, rollerblades/skates, scooters, or headphones (ie no I-Pods) are allowed on the course, and I hereby agree to adhere to this. Any participant who goes off course will forfeit all rights to any prizes or recognition.

Signature: _____ Date _____
(If the participant is under the age of 18, a parent or guardian must sign.)