



Francis Scott Key Mall



5k Trooper Trot



Sunday * November 16, 2008

Mall Walk 8am-10am 5K Run 8:30am Rain or Shine

Certified 5k Course:

Flat paved course around Francis Scott Key Mall.

Water will be available along the course.

Race Management: **BSA Moose Troop 371 & Frederick Steeplechasers.**

Mall Walk: Inside the FSK Mall while athletes compete in the 5k course. *(Certified Steeplechasers Race)*

ENTRY FEE: Race fee for all participants: Before November 1, 2008.* Students under 18 - \$10; Adults - \$15. *After November 1, 2008. Students under 18 - \$15; Adults - \$20. **Team entries:** Same as individuals. Teams must register at the same time. Team up to 5 members of the same gender, all from the same High School, no substitutions once registered. Late registration on Saturday - November 15, 2008 from 10am to 2pm. Send complete entry form and check or money order to **"Moose Troop 371"** 4202 Green Valley Road, Monrovia, Md. 21770 or fill out application on line www.active.com, search word **"MOOSE TROOP 371"**. Scoutmaster Jim Eaton at 301-831-6560 or email to jamesweaton@comcast.net. Feel free to visit our website: www.moosetroop371.com/fundraisers.

PACKET PICKUP and LATE REGISTRATION: Inside FSK Mall – Value City Furniture Entrance Sat. Nov 15, 2008 10am-2pm.

AWARDS: 5K – Trophies to top 3 overall Male/Female Finishers, Neck Medallions to top 3 age group finishers. Male: <14, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70+. Female: <14, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70+. Teams: Gold, Silver and Bronze Neck Medallions to each team member for both Men and Women categories. Mall Walkers: Gold, Silver and Bronze Neck Medallions for Youngest, Oldest and Most Walked categories for each Men and Women category.

Refreshments – Food and drinks after the race, inside the core of FSK Mall- Value City Entrance. Water available at halfway pt.& finish line.

Directions – Follow directions to FSK Mall at 5500 Buckeystown Pike Frederick, Md. 21701 off of Route 85. Starting line is at Value City.

Register online at www.active.com Search word : Moose Troop371

Entry form for Francis Scott Key Mall – 5K – Trooper Trot – Mall Walk

Mail Entry form and fee to "Moose Troop 371" 4202 Green Valley Road Monrovia, Md. 21770

Donation: \$ _____ Entry Fee: \$ _____ 5K () Mall Walk () Total: \$ _____
 Date of Birth _____ Age _____ Sex: Male () Female ()
 Name: _____ Email: _____
 Address: _____ City, State: _____
 Zip Code: _____ Home Phone: _____ Shirt Size _____
 Team Name (if applicable): School: _____
 4 team Members: a _____ b _____ c _____ d _____

Waiver: In consideration of the right granted to me to participate in the annual FSK Mall - 5k Trooper Trot and Mall Walk on November 16, 2008, I hereby waive all claims and damages against FSK Mall, BSA and Moose Troop 371 and any other sponsors and organizers arising from my participation or any injury I might suffer in this event. I attest that I am physically fit and prepared.

Runner's Signature: _____ **Date:** _____

Parent/Guardian (for minors under age 18) _____ **Date:** _____

Moose Troop 371-Trooper Trot '08

Maui Wowi will donate a free cup of coffee (valid day of race) to anyone bringing in new pajamas or books (ages-infants to teens)