

Spring Forward 5K
Frederick, MD
Sunday, April 2, 2017

Place	Bib #	First Name	Last Name	Age	Gender	Time
1	248	Michael	Geisler	44	M	21:55
2	233	Corey	McMillen	41	M	24:04
3	350	Joshua	Herman	16	M	25:29
4	245	Pamela	Jock	46	F	25:33
5	238	Kyle	Good	34	M	25:40
6	225	Jenny	Gannon	44	F	26:08
7	295	Brady	Crone	42	F	26:18
8	263	Joey	Osborne	29	M	26:39
9	201	John	Foran	49	M	26:51
10	270	Christopher	Derpic	31	M	27:09
11	213	Sara	Pendrosa	34	F	27:13
12	219	Eric	Ruffo	49	M	27:25
13	330	Ryan	Diener	35	M	27:28
14	327	Tiffani	Scuncio	35	F	28:16
15	224	Justin	Smithhisler	28	M	28:35
16	268	Phil	D'Agnese	26	M	29:44
17	307	Alaina	Nunn	25	F	29:51
18	229	Kyle	Staub	30	M	29:54
19	289	Geta	Amos	49	F	30:22
20	216	Meaghan	Capen	24	F	30:27
21	356		Curtin	41	M	31:07
22	296	Matt	Dell	41	M	31:34
23	358	Kristi	Woods	42	F	31:55
24	282	Timothy	Tivvis	29	M	31:57
25	341	Leslie	Douglas	32	F	32:00
26	306	Krista	Townsend	25	F	32:15
27	308	Dave	Rotstein	50	M	32:23
28	297	Karen	Dee	51	F	32:29
29	357	Aila	Albrecht	36	F	33:15
30	340	Keri	Goodwin	41	F	33:36
31	242	Christine	Berndt	48	F	33:43
32	259	Thea	Eppeldauer	43	F	33:51
33	223	Angela	Smithhisler	28	F	34:10
34	338	Julie	Bitter	31	F	34:16
35	309	Tarah	Drawbaugh Hudson	34	F	34:27
36	273	Robert	Holt	60	M	34:48
37	305	Susan	Massarini	47	F	35:18
38	262	Maria	Brown	48	F	35:19
39	202	Jackson	Foran	17	M	35:27
40	212	Karen	Suckling	23	F	35:33
41	261	Carolyn	Hayden	26	F	35:35
42	355	Autumn	Derr	10	F	35:37

43	354	Steve	Strickland	42	M	35:38
44	226	Martha	Martin	50	F	35:48
45						
46						
47	218	Jami	Caruso	37	F	35:57
48						
49	269	Maria	Zink	30	F	36:11
50	287	Brandi	Robinson	32	F	36:53
51	345	Christine	Draper	50	F	37:06
52	310	Christine	Vicencio	37	F	37:07
53	291	Lindsay	Garvin	32	F	37:08
54	293	Jennifer	Sykora	34	F	37:18
55	337	Jonathan	Carter	33	M	37:14
56	222	Amy	Hood	28	F	37:43
57	298	Andrew	Schotz	47	M	38:36
58	265	Jaclyn	Svincek	39	F	38:37
59	260	Kara	Smith	41	F	39:39
60	279	Kimberly	Webster	56	F	39:50
61	278	Debbie	Hursh	60	F	40:00
62	332	Miriah	Stone	35	F	40:03
63	333	Heather	Stone	35	F	40:17
64	275	Jaime	Grauel	47	F	40:27
65	304	Mark	Barnes	49	M	40:29
66	303	Judy	Barnes	42	F	40:30
67	211	Margaret	Kelly	15	F	40:31
68	210	Sean	Kelly	35	M	40:50
69	347	James	Ryan	61	M	41:03
70	266	Fionnuala	Fox-Morrow	32	F	41:53
71	280	Amber	Webster	23	F	42:24
72	311	Matthew	Hogan	35	M	42:42
73	227	Sandra	Sadler	56	F	43:01
74	360	Amanda	Miller	37	F	43:11
75	329	Carla	Tuzzolo	35	F	43:12
76	314	Stefany	Overbeck	50	F	43:14
77	264	Karen	Fitzgerald	53	F	43:22
78	294	Emily	Bannon	32	F	43:24
79	271	Heather	Derpic	32	F	43:24
80						43:29
81	312	Ashley	Hogan	33	F	44:39
82	325	Mark	Csintyan	56	M	44:40
83		Frank	Rigano	32	M	44:42
84	324	Ryan	Chite	32	M	46:48
85	267	Davina	Marklin	51	F	47:16
86	318	Angela	Gavin	34	F	47:55
87	319	Katherine	Thomas	36	F	48:02
88	257	Deborah	Jenkins	62	F	48:11
89	346	Cheryl	Ryan	54	F	48:44

90	258	Amy	Jenkins	27	F	49:12
91	230	Terri	Little	46	F	49:15
92	221	Sheila	McCardell	49	F	50:03
93	290	Jessica	Jones	37	F	50:24
94	207	Lou	Parnes	52	M	51:51
95	326	Lauren	Zamzow	35	F	52:32
96	315	Teri	Trieschman	51	F	52:32
97	316	Bill	Trieschman	55	M	53:04
98	284	Kimberly	Hurst	24	F	53:14
99	274	Lisa	Meleo	50	F	54:28
100	272	Kathy	Bell	33	F	54:39
101	247	Christine	Thomas	41	F	54:39
102	246	Joy	Bell	38	F	54:52
103	240	Becca	Swick	56	F	54:52
104	256	Gary	Hill	40	M	55:29
105	344	Elisa	Frankert	36	F	55:39
106	277	Megan	Moore	31	F	56:04
107	276	Kristin	Nam	39	F	56:09
108	288	Tiamo	Amos	42	M	56:33
109	322	Tarah	Davidson	34	F	56:35
110	323	Lateri	McFadden	34	F	56:35
111	209	Tiffany	Curran	35	F	57:43
112	208	Ryan	Curran	35	M	
113	281	Robert	Webster	50	M	