

# Minutes: FSRC Board Meeting - 2025-02-19

## Attendees

### Voting

- Harriet Langlois - Races Committee Chair, Director, Women's Distance Festival Race Director
- Tim O'Keefe - Director, Decathlon Director
- Lou King - Director, Technology Chair, Race Services Chair
- Barb Cosgrove - Membership Chair, Pie Run Race Director, Vice President
- Michele Newton - Training Coach (RRCA Certified), President
- Edwin Marroquin - Director, Racing Team Member (Jan-Dec), Racing Team Chair
- Nick Dulac - Secretary
- Heather Rook - Treasurer

### Non-voting

- Kelly Spore - Community Outreach Chair
- Michelle Felux - Rick's Run Race Director, Newsletter Editor
- Sue Searcy - Training Committee Chair, Training Coach
- Greta Young - Volunteer Chair, Training Coach
- Johanna Schick - Summer Solstice 8K Assistant Race Director, Racing Team Member (Jan-Dec)
- Aidan Callery - Newsletter Editor, Communications Chair

## Action Item Summary (updates since 2024-11-18)

- Michele Newton (inprogress):  
Michele will write up the description of the 50th Anniversary Committee and put a communication plan into place.
- Greta Young (closed):  
Greta to recruit for a new Group Run coordinator
- Lou King (closed):  
Lou to create the role/responsibility document for the Racing Team Committee
- Lou King (open):  
Lou to create the roles and responsibilities document for the Competition Committee
- Greta Young (closed):  
Greta to look for new Racing Team Chair
- Michele Newton (open):  
Meeting to Review Budget
- Michelle Felux (open):  
Rick's Run Memorial expansion
- Barb Cosgrove (open):  
Membership survey
- Michele Newton (open):  
Scholarship Communications

## Motion/Vote Summary

- (approved)  
Motion to approve minutes from the November 2024 meeting.  
<https://docs.google.com/document/d/18Zklm4F5D1aAVLGSt6mwQWAlZy9pQef0a50uvUq5QT4/preview?tab=t.0>
- (approved)  
Motion to approve minutes from the January 2025 membership meeting  
[https://docs.google.com/document/d/1EniCbMBz9Jlr3rKMeVZuyAWT9mCemaMu3LttO4\\_wwEc/preview?tab=t.0](https://docs.google.com/document/d/1EniCbMBz9Jlr3rKMeVZuyAWT9mCemaMu3LttO4_wwEc/preview?tab=t.0)

## Discussion Items

### Call to Order

Meeting called to order at 6:37

### Approve Minutes from November Meeting

<https://docs.google.com/document/d/18Zklm4F5D1aAVLGSt6mwQWAlZy9pQef0a50uvUq5QT4/preview?tab=t.0>

MOTION approved [mover Lou King, seconder Harriet Langlois]:

Motion to approve minutes from the November 2024 meeting.  
<https://docs.google.com/document/d/18Zklm4F5D1aAVLGSt6mwQWAlZy9pQef0a50uvUq5QT4/preview?tab=t.0>

votes: Barb Cosgrove (approved), Edwin Marroquin (approved), Harriet Langlois (approved), Heather Rook (approved), Lou King (approved), Michele Newton (approved), Nick Dulac (approved), Tim O'Keefe (approved)

### Approve Minutes from January Membership Meeting

[https://docs.google.com/document/d/1EniCbMBz9Jlr3rKMeVZuyAWT9mCemaMu3LttO4\\_wwEc/preview?tab=t.0](https://docs.google.com/document/d/1EniCbMBz9Jlr3rKMeVZuyAWT9mCemaMu3LttO4_wwEc/preview?tab=t.0)

MOTION approved [mover Michele Newton, seconder Barb Cosgrove]:

Motion to approve minutes from the January 2025 membership meeting  
[https://docs.google.com/document/d/1EniCbMBz9Jlr3rKMeVZuyAWT9mCemaMu3LttO4\\_wwEc/preview?tab=t.0](https://docs.google.com/document/d/1EniCbMBz9Jlr3rKMeVZuyAWT9mCemaMu3LttO4_wwEc/preview?tab=t.0)

votes: Barb Cosgrove (approved), Edwin Marroquin (approved), Harriet Langlois (approved), Heather Rook (approved), Lou King (approved), Michele Newton (approved), Nick Dulac (approved), Tim O'Keefe (approved)

### Treasurers Report and Annual Budget

Completed annual budget for presentation and review.

<https://docs.google.com/presentation/d/1qWkA79DnD4iBjs3QmQGJ9UYX0rqta5PN/edit?usp=s haring&oid=104983849878827905650&rtpof=true&sd=true>

Two new capital expenditures were proposed and discussed, and the board is in favor with these purchases.

ACTION: Michele Newton (open)

Meeting to Review Budget

### **President's Report**

#### **Club Challenge Registration [Michele Newton / President]**

We have 30 members registered for the Club Challenge. Are we okay with this number of registrations for a Club of our size? This is a decrease from 2024 (30 vs. 45).

Are we offering enough of a discount?

How to better engage / incentivize the Racing Team?

How competitive do we want to be?

The half marathon group just started and breakfast runs are taking place, so there competing activities.

Board discussed extra incentive for the event for the racing team in 2026 and also increasing the discount for members.

#### **Rick's Run - Expanding Race Memorial [Michele Newton / President]**

We discussed the possibility of opening up the description of the race to encompass embracing the memories of ALL of our cherished Steeplechasers who have passed in prior years - we would not touch the name of the race at all, but agreed that as more runners pass throughout the years, opening up the description to pay tribute to all of those who are no longer with us would possibly be more appropriate instead of limiting it to just Rick, Larry and John. Crista and Dave were in agreement - open to discussion.

ACTION: Michelle Felux (open)

Rick's Run Memorial expansion

### **Near-term social committee coordination [Harriet Langlois]**

- Breakfast Runs

- We need to make sure that someone creates the Facebook events for the remaining breakfast runs.
- Aiden has the form links for the newsletter.
- Someone needs to send the list of RSVPs to the host.
- We should decide on a date for the picnic and get the pavilion at Utica Park reserved. We have a credit on file with Frederick County so Lou should coordinate this. How about 8/17?

Lou will book the pavilion for Saturday 8/16

### **annual review of web pages and google workspace groups [Lou King / Technology Chair]**

I know many of the attendees of this board meeting should have been notified of tasks to review the google workspace groups they own, and also to review the web pages their committee is responsible for. I just want to remind you that these are important and shouldn't take too long. Please let me know if you have any questions or problems.

If there is a change to a webpage email Lou for training or email [webmaster@steeplechasers.org](mailto:webmaster@steeplechasers.org) with the necessary changes.

### **President's Report**

#### **Committee Highlights**

<https://docs.google.com/presentation/d/1R8a8WExaarUwnN85OXcy4al tbVntWFNot3rn8i3w-M/edit#slide=id.p>

ACTION: Barb Cosgrove (open)

Membership survey

ACTION: Michele Newton (open)

Scholarship Communications

#### **Date for next board meeting**

Next board meeting will be Wednesday, May 21, 2025 at 6:30 pm

#### **Meeting Close**

Meeting adjourned at 8:35.